

# New Hampshire Medicaid Fee-for-Service Program Adenosine Triphosphate-Citrate Lyase (ACL) Inhibitor Criteria

Approval Date: July 12, 2022

#### Indications

Bempedoic acid (Nexletol<sup>®</sup>) is an adenosine triphosphate-citrate lyase (ACL) inhibitor and bempedoic acid/ezetimibe (Nexlizet<sup>TM</sup>) contains an ACL inhibitor and a cholesterol absorption inhibitor. Both agents are indicated as an adjunct to diet and maximally-tolerated statin therapy for the treatment of adults with heterozygous familial hypercholesterolemia (HeFH) or established atherosclerotic cardiovascular disease (ASCVD) who require additional lowering of low-density lipoprotein-cholesterol (LDL-C).

## **Medications**

Brand Names	Generic Names	Dosage
Nexletol®	bempedoic acid	180 mg
Nexlizet™	bempedoic acid/ezetimibe	180 mg/10 mg

# **Criteria for Approval**

- 1. Patient is  $\geq 18$  years old; **AND**
- 2. Patient has diagnosis of HeFH or established ASCVD; AND
- 3. Patient has failed to achieve a target LDL-C despite physician attestation that the patient is adherent to maximally-tolerated doses of statins prior to the lipid panel demonstrating suboptimal reduction; **AND**
- 4. Patient can be classified into **one** of the following risk factor groups:
  - a. Extremely high risk ASCVD with an LDL-C  $\geq$  70 mg/dL:
    - i. Defined as extensive or active burden of ASCVD, or ASCVD with extremely high burden of adverse or poorly controlled cardio-metabolic risk factors including HeFH or severe hypercholesterolemia [SH] with untreated LDL-C > 220 mg/dL); **OR**
  - b. Very high risk ASCVD with an LDL-C  $\geq 100$  mg/dL:
    - i. Defined as less extensive ASCVD and poorly controlled cardiometabolic risk factors; OR

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- c. High risk ASCVD with LDL-C  $\geq$  130 mg/dL:
  - i. Defined as either less extensive ASCVD and well-controlled risk factors or primary prevention HeFH or SH > 220 mg/dL with poorly controlled risk factors; **AND**
- 5. Therapy will be used in conjunction with maximally-tolerated doses of a statin; AND
- Therapy will not be used with concurrent doses of simvastatin > 20 mg or pravastatin > 40 mg;
  AND
- 7. For patients prescribed bempedoic acid/ezetimibe (Nexlizet<sup>™</sup>): patient does not have a hypersensitivity to ezetimibe (Zetia<sup>®</sup>); AND
- 8. For patients prescribed bempedoic acid/ezetimibe (Nexlizet<sup>™</sup>): therapy will also not be used with concurrent fibrate therapy (excluding fenofibrate)

# Length of Authorization

Initial six months, extended approval for 12 months if additional criteria are met.

# **Quantity Limit**

30 tablets/30 days

#### **Criteria for 12-Month Renewal**

- 1. Patient continues to meet the initial approval criteria listed above; AND
- 2. Patient is absent of unacceptable toxicity from therapy (examples of unacceptable toxicity include the following: hyperuricemia, tendon rupture); **AND**
- 3. Laboratory analysis demonstrate a reduction in LDL-C when compared to the baseline values (prior to initiating bempedoic acid or bempedoic acid/ezetimibe); **AND**
- 4. Patient has shown continued adherence to maximally-tolerated statin dosage.

### **Criteria for Denial**

- 1. Above criteria are not met; OR
- 2. Patient is an active smoker; OR
- 3. Failure to be compliant with current regimen as evidenced by review of claims history; OR
- 4. Patient has unacceptable toxicity from therapy.

#### References

Available upon request.





# **Revision History**

Reviewed by	Reason for Review	Date Approved
DUR Board	New	12/15/2020
Commissioner Designee	Approval	02/24/2021
DUR Board	Revision	06/02/2022
Commissioner Designee	Approval	07/12/2022

